

PEACE ACADEMY 2019 BREAKFAST MENU

Monday	Tuesday	Wednesday	Thursday	Friday
2 Labor Day No School	3 Hash browns/ Cereal Fruit & Milk	4 Middle and High School Sports Day TBA	5 Elementary Sports Day TBA	6 Bagel w/ Cream Cheese, Boiled Egg Fruit & Cereal
9 WGR Pancake and Syrup *Fruit and Milk	10 WGR Grilled Cheese *Fruit and Milk	11 WGR French Toast stick Syrup *Fruit & Milk	12 Hash browns/ Cereal Fruit & Milk	13 Muffin Boiled Egg, Fruit, And Cereal
16 WGR French Toast stick Syrup *Fruit & Milk	17 Hash browns/ Cereal Fruit & Milk	18 Turkey Patties Biscuit Cereal Fruit & Milk	19 Scrambled Eggs Bread Cereal Fruit / Milk	20 Bagel w/ Cream Cheese, Boiled Egg Fruit & Cereal
23 WGR Pancake and Syrup *Fruit and Milk	24 Turkey Patties Biscuit Cereal Fruit & Milk	25 WGR French Toast stick Syrup *Fruit & Milk	26 Toaster Strudel/Pop Tarts *Fruit and Milk	27 Muffin Boiled Egg, Fruit, And Cereal
30 Cinnamon Roll/Cereal *Fruit and Milk	<p>Non-discrimination Statement: This explains what to do if you have been treated unfairly. In accordance with Federal law and U.S. Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, or disability. To file a complaint of discrimination, write to USDA, Director, Office of Civil rights, Room 326-W, Whitten Bldg, 1400 Independence Ave., SW, Washington DC 20250-9410 or call 202-720-5964(voice and TDD). USDA is an equal opportunity provider and employer.</p>			

What Makes a Lunch
Select 3-5 Components

Milk

Grain

Fruit

Veggies

Protein

One must be a

Fruit

AND/OR

Veggies

Alhamdulillah for



healthy food choices