

## *PEACE ACADEMY SEPTEMBER 2019 LUNCH MENU*

Monday	Tuesday	Wednesday	Thursday	Friday
2 Labor Day No School	3 Corn Dogs, French Fries *Fruit and Milk	4 Middle and High School Sports Day TBA	5 Elementary Sports Day TBA	6 Cheese, Vegetable, and Chicken Pizza, And Salad *Fruit and Milk
9 WGR Chicken strips and French fries and celery sticks *Fruit and Milk	10 Beef Taco WGR Bread and Veg. Beans *Fruit and Milk	11 Gyros with WGR Bread and Salad *Fruit and Milk	12 Lasagna, corn, Salad *Fruit and Milk	13 Cheese, Vegetable, and Chicken Pizza, And Salad *Fruit and Milk
16 Hamburger and Condiments, and tatar tots *Fruit and Milk	17 Chicken Fajita, WGR Bread and Refried beans *Fruit and Milk	18 WGR Turkey/Tuna Sandwich and Salad *Fruit and Milk	19 Baked Chicken, corn and Salad *Fruit and Milk	20 Cheese, Vegetable, and Chicken Pizza, And Salad *Fruit and Milk
23 WGR Chicken Nuggets and Mashed Potatoes *Fruit and Milk	24 Cheese burger Macaroni, salad *Fruit and Milk	25 Gyros with WGR Bread and Salad *Fruit and Milk	26 Beef/Bean Nacho, Guacamole, sour cream, and cheese *Fruit and Milk	27 Cheese, Vegetable, and Chicken Pizza, And Salad *Fruit and Milk
30 Hotdog w/cheese and chili, salad *Fruit and Milk	<p>Non-discrimination Statement: This explains what to do if you have been treated unfairly. In accordance with Federal law and U.S. Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, or disability. To file a complaint of discrimination, write to USDA, Director, Office of Civil rights, Room 326-W, Whitten Bldng, 1400 Independence Ave., SW, Washington DC 20250-9410 or call 202-720-5964(voice and TDD). USDA is an equal opportunity provider and employer.</p>			

*What Makes a Lunch*  
Select 3-5 Components

Milk
Grain
Fruit

Veggies
Protein

One must be a

Fruit
AND/OR
Veggies

*Alhamdulillah for*



*healthy food choices*