

PEACE ACADEMY SEPTEMBER 2020 BREAKFAST MENU

Monday	Tuesday	Wednesday	Thursday	Friday
	1 Turkey Patties Biscuit Cereal Fruit & Milk	2 Hash browns/ Cereal Fruit & Milk	3 WGR Waffle and Syrup *Fruit and Milk	4 Bagel w/ Cream Cheese, Fruit & Cereal
7 No School	8 Muffin Boiled Egg, Fruit, And Cereal	9 WGR Pancake and Syrup *Fruit and Milk	10 WGR Grilled Cheese *Fruit and Milk	11 Bagel w/ Cream Cheese, Fruit & Cereal
14 Muffin Boiled Egg, Fruit, And Cereal	15 Hash browns/ Cereal Fruit & Milk	16 WGR Waffle and Syrup *Fruit and Milk	17 WGR French Toast stick Syrup *Fruit & Milk	18 Bagel w/ Cream Cheese, Fruit & Cereal
21 Muffin Boiled Egg, Fruit, And Cereal	22 Turkey Patties Biscuit Cereal Fruit & Milk	23 WGR Grilled Cheese *Fruit and Milk	24 Toaster Strudel/Pop Tarts *Fruit and Milk	25 Bagel w/ Cream Cheese, Fruit & Cereal
28 Muffin Boiled Egg, Fruit, And Cereal	29 Hash browns/ Cereal Fruit & Milk	30 WGR Waffle and Syrup *Fruit and Milk		This institution is an equal opportunity provider.

What Makes a Lunch
Select 3-5 Components

Milk
Grain
Fruit

Veggies
Protein

One must be a

Fruit
AND/OR
Veggies

Alhamdulillah for



healthy food choices