

## *PEACE ACADEMY SEPTEMBER 2023 BREAKFAST MENU*

Monday	Tuesday	Wednesday	Thursday	Friday
This institution is an equal opportunity provider.				1 Bagel w/ Cream Cheese, Boiled Egg *Fruit & Cereal
4 No school	5 Muffin *Fruit & Milk	6 Hash browns/ Cereal *Fruit & Milk	7 WGR Waffle and Syrup *Fruit and Milk	8 Bagel w/ Cream Cheese, Boiled Egg *Fruit & Cereal
11 Biscuit, turkey Patty and Jelly *Fruit & Milk	12 French Toast Sticks *Fruit & Milk	13 Hash browns/ Cereal *Fruit & Milk	14 WGR Waffle and Syrup *Fruit and Milk	15 Bagel w/ Cream Cheese, Boiled Egg *Fruit & Cereal
18 Biscuit, turkey Patty and Jelly *Fruit & Milk	19 WGR Waffle and Syrup *Fruit and Milk	20 Fruit Danish, Boiled Egg *Fruit & Milk	21 Muffin *Fruit & Milk	22 Bagel w/ Cream Cheese, Boiled Egg *Fruit & Cereal
25 Hash browns/ Cereal *Fruit & Milk	26 French Toast Sticks *Fruit & Milk Milk	27 Fruit Danish, Boiled Egg *Fruit & Milk	28 Sports day	29 Sports day

*What Makes a Lunch*  
Select 3-5 Components

Milk
Grain
Fruit

Veggies
Protein

One must be a

Fruit
AND/OR
Veggies

*Alhamdulillah for*



healthy food choices