

## *PEACE ACADEMY SEPTEMBER 2023 LUNCH MENU*

Monday	Tuesday	Wednesday	Thursday	Friday
This institution is an equal opportunity provider.				1 Cheese, Vegetable Pizza, And Salad *Fruit and Milk
4 No school	5 WGR Chicken Nuggets and Spicy Chicken wings, and Fries *Fruit and Milk	6 Salisbury Steak, Mashed Potatoes, and salad *Fruit and Milk	7 Tuna and Turkey wrap, Chips, and *Fruit and Milk	8 Cheese, Vegetable Pizza, And Salad *Fruit and Milk
11 Hamburger (pickles, cheese, tomato etc.), Fries *Fruit & Milk	12 Gyros with WGR Bread and Salad *Fruit and Milk	13 Chicken Alfredo, WGR Bread and salad *Fruit and Milk	14 Beef Soft Taco, Salad, Beans *Fruit and Milk	15 Cheese, Vegetable Pizza, And Salad *Fruit and Milk
18 WGR Chicken Nuggets, and Fries *Fruit and Milk	19 Spaghetti, Salad, and Garlic Bread *Fruit and Milk	20 Butter Chicken w/Rice and salad *Fruit & Milk	21 Fish, mac and cheese, and salad *Fruit & Milk	22 Cheese, Vegetable Pizza, And Salad *Fruit and Milk
25 WGR corn dogs, and salad *Fruit and Milk	26 WGR Chicken strips w/ corn and Salad *Fruit and Milk	27 Beef Nacho w/all fixing, beans, rice, and Salad *Fruit & Milk	28 Sports Day	29 Sports Day

*What Makes a Lunch*  
Select 3-5 Components

Milk
Grain
Fruit

Veggies
Protein

One must be a

Fruit
AND/OR
Veggies

*Alhamdulillah for*



healthy food choices